Issue: 20

The



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Gladiator Soccer Academy

GSA 2010 Academy Team

News

GSA's 2009 and Under academy team will now also practice on Fridays and Wednesdays from 6-7PM. This is an exclusive offer for those players that want to be part of Gladiator's Academy team and play against other Academy teams. To be in this program, Parents must have at least 6 months commitment into the program. Players will practice 2 times a week; Wednesday 6-7, Friday 6-7. Upon Registration players will Receive the Following:1.Soccer Jersey 2.Custom Gladiator Pennie 3.Training Soccer Ball 4.Shorts 5.Socks \$200/Month

GSA Newsletter

Welcome to Gladiator Soccer Academy's Newsletter. Parents' number one source for youth soccer information.

Updates and new programs:

U14 Boys and Girls Soccer on: Saturday 9:00 AM – 10:00 AM

STARTING

2009 and 2010 Gladiator Academy Team Friday 6-7 PM



A Parent's Guide to Analyzing A Youth Soccer Game

by <u>Luis Forero</u> April 14, 2017

Youth sports are meant to be fun and entertaining; to serve as a foundation for teamwork and managing challenging environments in later years. Unfortunately, the desire to win at all costs and the agony resulting from defeat takes away from the joy of youth sports – both for parents and children.

Everyone likes a winner, but which would you rather your child to be: a minor contributor on a winning team or a catalyst on a mediocre team? As soccer parents, it is not our responsibility to analyze game results or figure out how to improve the team. Rather, we must focus on ways to help our own children have fun and improve their technical skills so that they can achieve greater success in later years.

So how do we go about turning a poor team result into a winning learning opportunity for our child, even if we know little about the sport?

In the early years (U4-U6), emphasis should be placed on technical development, specifically on dribbling as these young players have limited to no grasp of the tactical aspects of passing or team play. This is a great age to introduce dribbling moves such as step-overs, scissors, lunge, etc.

Jr. Gladiator Wednesday 6:00PM - 7:00PM and Friday 5:00PM - 6:00 PM.

ONLY 5 SPOTS LEFT

THE GLADIATOR NEWS

Parents will become frustrated and waste their voices if they scream for players to spread out and pass at this age. Instead, during games and practices players should be encouraged to dribble, be creative, and try different moves; look to see if they are able to keep the ball close to their feet, change direction, and dribble towards open space. If your child is able to dribble and easily change direction in a competitive environment, every game can be considered a success.

In order to perform an objective analysis of your child's performance, it is important to understand the difference between technical abilities and tactical understanding. Technical ability refers to the soccer skills used by individual players such as dribbling, passing, receiving, shooting, heading, tackling, and juggling. Knowing where to be on the field based on game conditions requires tactical comprehension.

Between the ages of U8-U12, players begin to understand that soccer is a team sport and actually more enjoyable when the ball is shared with their teammates. Passing and receiving skills become much more important, but along with that comes the tactical concepts of spacing and movement.

During games, as a parent continue to observe dribbling moves, but take note of your child's decisions with and without the ball. Count passes that are successfully completed; the number of times they received the ball from one direction and dribbled it or passed it in a different direction; how often they were able to control the ball close to their feet or bring the ball out of the air with limited to no bounces. In addition, keep an eye on their movements to create space and good passing angles for their teammates as opposed to standing behind defenders.

Another thing to look for is where your child's vision is focused. Is it constantly following the ball, or is their head in continuous motion making them aware of their surroundings? Capturing as much of this information as possible will be the best indicator of progress and development, regardless of the final score.

The same type of analysis can be performed for older players, U13 and above, such that every game serves as a learning experience. So, the next time your child is at a game or even at practice, grab a pen and pad, find a comfortable spot on the sidelines, and keep track of:

Ages U4-12

- How many times were they able to stop the ball and turn away from pressure?
- · Which dribbling moves were attempted?
- Did they look to dribble towards open space?
- How many times was the weak foot used to either dribble or stop the ball?
- How often did they change direction while dribbling?
- · Did they change speed after making a dribbling move?
- How many passes were made? (for U10-U12)

What To Do At Home

Calling all Gladiators!!!!!! How far can you get in our Gladiator Challenge?? To move on to another level, Gladiators must do 50 of each move before they can move on to the next level. Can you beat all five levels in one day???

If so You are ready for the next Challenge. Can you follow Ari and Cat?

Gladiators never give up and never stop learning! Gladiators always look for more challenges, and if you beat all 5 levels and followed Ari and Cat, you are ready for our advanced soccer moves. How far can you get????

Gladiator Weekly Challenge

Checklist	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Level l							
Level 2							
Level 3							
Level 4							
Level 5							
Ari and Cat							
Advanced soocer							
moves							

https://www.gladiatorsocceracademy.com/homework

THE GLADIATOR NEWS

Become a Gladiator

Registration is now open for New Programs. To register sign up online and bring a completed registration form found on the website

https://www.gladiatorsocceracademy.com/register

Gladiator Soccer Academy Ages 9-12

Learn Soccer the Gladiator Way!

Gladiator Soccer Academy's revolutionary new training method is the first of its kind in the world. At GSA we want no player to get left behind! To achieve this every player in the academy gets 1 hour a week of semi-private lessons. This is a weekly session which a maximum of 4 players attend the session each week. In doing this we can maximize the attention each player gets from the coach. Each week players get three sessions. Two sessions are with their team. The last sessions is the semi-private session. Throughout the week coaches have a chance to see what part of the exercise a player is struggling with. The Semi-private sessions allows coaches to work with players in smaller environments on what they struggled on during the weeks training session.

Price \$250/ Month



Learn Soccer the Gladiator Way!

At GSA we understand that Kids are involved in other activities. As a result we have created our beginners Academy program. This program is for families who are still looking to receive GSA unique semi-private lessons but have other commitments as well. During the week players will receive one team practice session along with one semi-private lesson with a max of 5 players. This program is for players who will NOT be playing against other academies

Price: \$160/ Month

Contact Us

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GSA 2009 +2010 Academy Team NEW Starting DEC 1st

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- 2. Custom Gladiator Pennie
- 3. Training Soccer Ball
- 4.Shorts
- 5.Socks